

Matariki mā Puanga – A Time of Reflection and Realignment

Before Matariki rises, Puanga appears in the winter sky and heralds the Māori New Year in many rohe (district). Puanga reminds us to honour transitions, reflect on learnings, and prepare to move forward with intention.

This Matariki mā Puanga workshop template is designed to guide kōrero and planning from a personal, whānau, or hāpori (community) perspective. Use the prompts in each box to reflect on the past (Puanga), remember those who have passed (Pōhutukawa), celebrate the present (Matariki), and set intentions for the future (Hiwa-i-te-Rangi). Whether you're journalling on your own, sitting in wānanga with whānau, or hosting a team session, this tool supports meaningful reflection and aspirational goal-setting.

Celebration – In the now (Matariki)

We recognise the resilience and achievements of our sector, the quiet wins, the shared kai, the new relationships formed, and the everyday impact of values-led services.

Reflection – Where we were (Puanga)

Puanga invites us to pause before the rise of Matariki, offering space to consider endings, renewal, and the unseen.

Remembrance – Those that have gone (Pōhutukawa)

We take time to acknowledge those who have returned to the stars, kaimahi (staff), volunteers, and community leaders, and reflect on their legacy and the foundation they've laid for us.

Aspiration – Looking forward (Hiwa-i-te-Rangi)

We look ahead and set goals for how we can better serve our people, strengthen our kaupapa, and move forward with intention.

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